



## Chicago Dive Club Spring Invitational March 9-10, 2019

**Meet Director:**

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**Date:** March 9-10, 2019

**Meet Site:** Northwestern University Aquatics Center  
2311 Campus Drive  
Evanston, IL 60208

**Facility:** Two 1-meter, two 3-meter Model B boards on platform stands (new in 2014 and 2016 respectively) and 1, 3, and 5 meter platforms. Pool depth is 14 feet.

**Entry Fee:** Individual event entry Fees are \$35 per diving event on [www.divemeets.com](http://www.divemeets.com) (\$20 late fee per diver for late entries).

**Rules:** Current USA Diving rules will apply for JO, Senior, and Masters events. **Refer to pages 3-5 for Novice rules.** All participants and on-deck coaches must be registered with USA Diving.

**Awards:** Medals for places 1-8

**Warm-Ups:** The boards will be open from 4:30pm-9:00pm on Friday, 3/8. Warm-ups will begin at 9:15am on Saturday and 8:00am on Sunday; there will be at least a 30-minute warm-up before each event. Boards will also be open for warm-ups following the last event on Saturday until 8:00pm.

**Meet Start:** 10:00am Sat; 9:00am Sun (subject to change based on number of registrants)

## EVENT SCHEDULE\*

<b>Saturday, March 9</b>		<b>First Event Start 10:00am</b>	
<b>Event order:</b>		<b><i>Events Will Run Simultaneously</i></b>	
Event 1	12-13 JO & Novice Girls 3m; 11&U JO & Novice Boys 3m	12-13 JO & Novice Boys 1m; 11&U JO & Novice Girls 1m	
Event 2	11&U and 12-13 JO & Novice Boys and Girls Platform (5m only for JO events)		
Event 3	14-15 JO & Novice Girls 1m; Senior and Masters' Women 1m	16-18 JO & Novice Girls 3m	
Event 4	14-15 JO & Novice Boys 3m; Senior & Masters' Men 3m	16-18 JO & Novice Boys 1m	

<b>Sunday, March 10</b>		<b>First Event Start 9:00am</b>	
<b>Event order:</b>		<b><i>Events Will Run Simultaneously</i></b>	
Event 6	12-13 JO & Novice Girls 1m; 11&U JO & Novice Boys 1m	12-13 JO & Novice Boys 3m; 11&U JO & Novice Girls 3m	
Event 7	14-15, 16-18 Boys & Girls Novice & JO Platform (5m only for JO events); Senior & Masters Men's and Women's Platform (5m only)		
Event 8	14-15 JO & Novice Boys 1m; Senior & Masters' Men 1m	16-18 JO & Novice Boys 3m	
Event 9	14-15 JO & Novice Girls 3m; Senior and Masters' Women 3m	16-18 JO & Novice Girls 1m	

*\*Meet director reserves the right to modify the order of events and/or combine events if needed.*

## **NOVICE REQUIREMENTS:**

### **PLATFORM:**

#### **9 & Under Girls/Boys Platform Novice**

Divers shall perform 3 dives in the event. 3  
Optional Dives. May repeat Groups. You can  
select Skills for this event. May repeat Dives with  
different position. Any dive can be used as  
Optional. Divers allowed on any Platform level.

#### **10-11 Girls/Boys Platform Novice**

Divers shall perform 3 dives in the event. 3  
Optional Dives. May repeat Groups. You can  
select Skills for this event. May repeat Dives with  
different position. Any dive can be used as  
Optional. Divers allowed on any Platform level.

#### **12-13 Girls/Boys Platform Novice**

Divers shall perform 4 dives in the event. 4  
Optional Dives. May repeat Groups. You can  
select Skills for this event. May repeat Dives with  
different position. Any dive can be used as  
Optional. Divers allowed on any Platform level.

#### **14-15 Girls/Boys Platform Novice**

Divers shall perform 6 dives in the event. 6  
Optional Dives. May repeat Groups. You can  
select Skills for this event. May repeat Dives with  
different position. Any dive can be used as  
Optional. Divers allowed on any Platform level.

#### **16-18 Girls/Boys Platform Novice**

Divers shall perform 7 dives in the event. 7  
Optional Dives. May repeat Groups. You can  
select Skills for this event. May repeat Dives with  
different position. Any dive can be used as  
Optional. Divers allowed on any Platform level.

## **ONE METER SPRINGBOARD:**

### **9 & Under Girls/Boys 1m Novice**

Divers shall perform 4 dives in the event. 4 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **10-11 Girls/Boys 1m Novice**

Divers shall perform 5 dives in the event. 5 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **12-13 Girls/Boys 1m Novice**

Divers shall perform 6 dives in the event. 6 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **14-15 Girls/Boys 1m Novice**

Divers shall perform 7 dives in the event. 7 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **16-18 Girls/Boys 1m Novice**

Divers shall perform 7 dives in the event. 7 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

## **THREE METER SPRINGBOARD:**

### **9 & Under Girls/Boys 3m Novice**

Divers shall perform 4 dives in the event. 4 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **10-11 Girls/Boys 3m Novice**

Divers shall perform 5 dives in the event. 5 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **12-13 Girls/Boys 3m Novice**

Divers shall perform 6 dives in the event. 6 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **14-15 Girls/Boys 3m Novice**

Divers shall perform 7 dives in the event. 7 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

### **16-18 Girls/Boys 3m Novice**

Divers shall perform 7 dives in the event. 7 Optional Dives. May repeat Groups. You can select Skills for this event. May repeat Dives with different position. Any dive can be used as Optional.

**Directions:**

**From the North:** 94 East to Exit 34A for US41 toward Skokie Rd.; Slight right onto Skokie Blvd; Turn left onto Lake Ave.; Turn right onto Sheridan Rd.; Turn left onto Lincoln St.; Follow the road along to the North parking garage.

**From the West:** 90 East to 294 North; Exit onto US -14E/E Dempster St.; Turn left onto Ridge Ave.; Turn right onto Lincoln St.; Follow the road along to the North parking garage.

**From the South (via Lake Shore Drive):** 55 North; Merge onto US 41 N/S Lake Shore Drive; Turn Right onto Sheridan Rd.; Continue onto South Blvd; Turn right onto Chicago Ave.; Continue straight onto Sheridan Rd.; Turn right onto Lincoln St.; Follow the road along to the North parking garage.

\*\*\*Parking is free after 4:00pm on Friday and through the weekend. If you park in the North garage, access the pool through the A elevator on the east side of the garage\*\*\*

**Google Maps directions:**

Here is a map of Northwestern's campus. The pool is in the Henry Crown Sports Pavilion/Norris Aquatic Center <http://maps.northwestern.edu/#latlngz=42.06%2C-87.673%2C17&lookupid=93>